



cmetb

Bord Oideachais agus Oiliúna
an Chabháin agus Mhuineacháin
*Cavan and Monaghan
Education and Training Board*

AONTAS ADULT LEARNERS' FESTIVAL

5th - 9th MARCH 2018

#LoveLifeLongLearning

Adult
Literacy

Skills for
Work



Cavan and Monaghan Education
and Training Board

Community
Education

Adult Education Services

To book a course during
Adult Learners' Festival Week

Tel: 049 437 7001 or

Email: cavanaegis@cmetb.ie

ESOL

English for Speakers of
other Languages

AEGIS

Adult Education Guidance &
Information Service



TO REGISTER FOR ANY OF THE TASTER SESSIONS BELOW

Tel: 049 437 7001 Email: cavanaegis@cmetb.ie

CAVAN

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 10am - 1pm	Historical Walking Tour <i>(Meet Unit 4, Church View Square 10am)</i>	Makeup Class <i>(Unit 12 Church View Square)</i>	Fáilte Isteach Open Day <i>– for people interested in Conversational English</i> <i>(Bridge Street Centre)</i>		An insight into Irish Language & Culture <i>(Johnston Library)</i>
Evening 7pm - 10pm	Introduction to Smart Phones <i>(Bridge Street Centre)</i>	Irish Baking 7.30pm - 10.00pm <i>(Bridge Street Centre)</i>	Mindfulness 7.00pm - 8.15pm 8.30pm - 10.00pm <i>(Bridge Street Centre)</i>	Irish Poets <i>(Bridge Street Centre)</i>	

BAILIEBOROUGH / KINGSCOURT / COOTEHILL

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 10am - 1pm		Makeup Masterclass <i>(Band Hall Cluain Dara, Virginia Road, Kingscourt)</i>	Introduction to Social Media <i>(Bailieborough Library)</i>	Paediatric First Aid <i>(Bailieborough Library)</i> Neck and Arm Massage <i>(Cootehill Library)</i>	
Evening 7pm - 10pm	Introduction to Smart Phones & Tablets <i>(Band Hall Cluain Dara, Virginia Road, Kingscourt)</i>			Paediatric First Aid 2.30pm - 4.30pm <i>(Cootehill Library)</i>	

BELTURBET / BALLYCONNELL

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 10am - 1pm	Drama & Physical Theatre <i>(Belturbet Railway Centre)</i>	Mindfulness <i>(Church Street Centre, Ballyconnell)</i>		Planting, Pruning & Maintaining Trees <i>(CAMCAS Ballyconnell)</i>	Perfect Make up <i>(Church Street Centre, Ballyconnell)</i>
Evening 7pm - 10pm	Basket Weaving <i>(Belturbet Railway Centre)</i>	Basket Weaving <i>(Church Street Centre, Ballyconnell)</i>	Healthy Living <i>(Church Street Centre, Ballyconnell)</i>	Introduction to Smart Phones for farmers 6.30-8.30pm <i>(Belturbet library)</i>	

BALLYJAMESDUFF ADULT EDUCATION CENTRE

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 10am - 1pm	Paediatric First Aid		Neck and Arm Massage Yoga 2.00-3.30pm	Fáilte Isteach Open Day <i>for people interested in conversational English</i> <i>(Cavan County Museum Ballyjamesduff)</i>	Makeup Masterclass Planting Trees & Shrubs
Evening 7pm - 10pm	Beginners Sign Language 7pm - 9pm	Introduction to Smart Phones & Tablets	Health & Wellbeing <i>(dealing with living in a new community)</i>	Diversity Workshop <i>(understanding and appreciation of everyone's role in our community)</i>	